

**State Board Review Bullets #1**  
**Adapted from Frye's 2500 Nursing Bullets**

Pernicious anemia results from failure to absorb vitamin ____ from the GI Tract causing neurological signs and symptoms.	
Symptoms of hypokalemia (K below ____ ) are:	
The five stages of death and dying, according to Kubler-Ross are	
A patient with a pressure sore should consume a ____ diet unless contraindicated	
After a 12 hour fast, the normal fasting blood glucose level is:	
A blood pressure cuff that is too narrow can cause a falsely ____ blood pressure reading.	
Symptoms of digitalis toxicity are:	
Administering high levels of oxygen to a newborn can cause:	
When preparing regular and NPH insulin in the same syringe, draw up the ____ insulin first	
____ refers to a daily urine output below 100 ml	
____ refers to a rumbling sound on lung auscultation that usually clears with coughing.	
____ refers to forced feeding through a tube	
Risk of a ____ is of greatest in the first ____ hours after the fracture of a long bone and is manifested by ____	
For the person in shock, the legs are elevated no more than - ____ degrees and is contraindicated in the patient with ____	
According to Maslow's hierarchy of needs, ____ needs which include ____ have the highest priority	
The safest and surest way to check a patient's identity is	
A patient's ____ is the priority of concern in developing a therapeutic environment.	
The difference between the ____ and ____ pulse when taken simultaneously by 2 nurses in the pulse deficit.	
For a fractured femur, treatment begins with ____ and ____ of the affected leg.	
____ refers to an alteration in thought processes characterized by skipping from one topic to another on unrelated topics.	
In an infant, ____ is the most significant sign of increasing intracranial pressure	
With ____ anxiety, a person's ability to perceive and concentrate ____ . The person is selectively inattentive and perceptual field ____	
A patient with ____ disorder uses self-protective avoidance as the ego defense mechanism.	
In a patient with anorexia nervosa, the highest priority is:	
A patient's blood lithium level must be monitored once a ____ because of the narrow margin between therapeutic and toxic levels. A normal lithium level is ____ to ____ mEq/L	
A forced exhalation against a closed glottis and bearing down is called the	
Early signs and symptoms of alcohol withdrawal include ____ . These may begin up to ____ hours after the last alcohol intake.	
____ is the support group for families of alcoholics	
Chlorpromazine hydrochloride is ____ and is contraindicated in a patient who has ingested alcohol because it may cause ____ and ____	
Vital organ perfusion is seriously affected when the systolic blood	

pressure falls below	
Lithium toxicity can occur when _____ and _____ intake are insufficient, causing lithium retention.	
An alcoholic who achieves sobriety is called a _____ because no cure for alcoholism exists.	
For a patient in cardiac arrest, the first priority is:	
The universal sign for choking is _____	
A positive tuberculin skin test is an induration of _____ mm or greater at the injection site.	
The _____ ventricle of the heart sustains the greatest damage during myocardial infraction.	
In burn victims, the leading cause of death is _____ and the second leading cause is _____	
Infections hepatitis is called hepatitis _____ and should have a diet that is _____	
In bladder carcinoma, the most common finding is _____	
Drugs that Potentiates anticoagulants include: _____	
According to Erikson, the _____ child is at the industry-versus-inferiority state of psychosocial development.	
Priorities of the burn patient include (in the order presented) _____	
_____ should always be applied to both legs.	
_____ refers to antibody formation within the body in response to vaccination or disease exposure.	
_____ has a teratogenic effect on the fetus during the first trimester.	
The formula for Clark's rule is: _____	
The trade name for digoxin is _____ and the p.o. dosage is: _____	
_____ results from paralysis of the extensor muscles in the forearm and hand.	
_____ results from excessive plantar flexion and is prevented by a footboard or high top tennis shoes.	
In an emergency, consent for treatment can be obtained by: _____	
_____ are individuals under the age of majority (18 or 21) who aren't under parental control.	
_____ is required for any invasive procedure.	
Immunity to rubella can be measured by a _____	
Irreversible brain damage may occur if the central nervous system is deprived of oxygen for more than _____	
_____ method of injection seals medication deep into the muscle. The needle must be at least _____ inch. Drugs that must be given by this route are _____ and _____	
A Apgar score of _____ to _____ for the newborn indicates no immediate distress.	
A patient with acute renal failure should receive a diet that is: _____	
_____ disease results from adrenal gland hypofunction and is characterized by symptoms of _____	
In the event of a fire: _____	
In caring for a depressed patient, the first priority is _____ because of the risk of _____	
Heparin effect is monitored by the lab test _____	
After removal of a urinary catheter, _____ may occur.	
A patient with gastric ulcer is most likely to report pain _____	
A sign of increased intracranial pressure is _____	
For the burn victim, the priority of wound care is _____	
The parrot like repetition of another person's words or phrases is _____	
According to psychoanalytic theory, the _____ is the part of the _____	

psyche that controls internal demands.	
The _____ is the part of the psyche that is composed of morals, values and ethics	
To elicit the _____ reflex, the nurse should hold the neonate in both hands and suddenly but gently drop the neonate's head backward. Normally this caused the neonate to abduct and extend all extremities.	
The _____ is part of the psyche that contains instinctual drives	
Erikson – birth to 12 months is	
Positive signs of pregnancy include _____	
_____ ceases during pregnancy.	
_____ is the number one danger sign in pregnancy	
_____ are small, irregular red spots with minute bluish white centers that appear on the buccal mucosa of patients with measles (rubeola)	
_____ refers to urine output of 2,500 ml or more during a 24 hour period.	
The therapeutic purpose of a mist tent is to increase _____ and _____	
The presenting sign of pleuritis is	
If a patient can't void, the first nursing action should be	
If a patient has gastric drainage tube in place to suction, you should expect the physician to order	
An _____ is one of the first indications of respiratory difficulty.	
_____ refers to the defense mechanism used by patient who doesn't acknowledge the reality of an event.	
The patient who has a cane should carry it on the _____ side and advance it at the same time as the _____ extremity.	

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Pernicious anemia results from failure to absorb vitamin ____ from the GI Tract causing neurological signs and symptoms.	B12
Symptoms of hypokalemia (K below _____) are:	K below 3.5, muscle weakness, cardiac arrhythmias.
The five stages of death and dying, according to Kubler-Ross are	Denial, anger, bargaining, depression, acceptance.
A patient with a pressure sore should consume a _____ diet unless contraindicated	High protein, high calorie
After a 12 hour fast, the normal fasting blood glucose level is:	80-120
A blood pressure cuff that is too narrow can cause a falsely _____ blood pressure reading.	elevated
Symptoms of digitalis toxicity are:	Bradycardia, nausea, vomiting, diplopia, blurred vision, light flashes and yellow-green halos around images.
Administering high levels of oxygen to a newborn can cause:	Blindness secondary to retrolental fibroplasias
When preparing regular and NPH insulin in the same syringe, draw up the _____ insulin first	Regular, because it is clear and can be measured more accurately.
_____ refers to a daily urine output below 100 ml	Anuria
_____ refers to a rumbling sound on lung auscultation that usually clears with coughing.	Rhonchi
_____ refers to forced feeding through a tube	Gavage
Risk of a _____ is of greatest in the first ____ hours after the fracture of a long bone and is manifested by _____	Fat embolism, 48, respiratory distress
For the person in shock, the legs are elevated no more than - _____ degrees and is contraindicated in the patient with _____	45, head injury
According to Maslow's hierarchy of needs, _____ needs which include _____ have the highest priority	Physiologic. Air, water, food, shelter, sex, activity, and comfort
The safest and surest way to check a patient's identity is	Checking the identification band
A patient's _____ is the priority of concern in developing a therapeutic environment.	safety
The difference between the _____ and _____ pulse when taken simultaneously by 2 nurses in the pulse deficit.	Apical, radial
For a fractured femur, treatment begins with _____ and _____ of the affected leg.	Reduction, immobilization
_____ refers to an alteration in thought processes characterized by skipping from one topic to another on unrelated topics.	Flight of ideas
In an infant, _____ is the most significant sign of increasing intracranial pressure	Bulging fontanel
With _____ anxiety, a person's ability to perceive and concentrate _____ . The person is selectively inattentive and perceptual field _____	Moderate Decreases narrows
A patient with _____ disorder uses self-protective avoidance as the ego defense mechanism.	Phobic
In a patient with anorexia nervosa, the highest priority is:	Correction of nutritional and electrolyte imbalances
A patient's blood lithium level must be monitored once a _____ because of the narrow margin between therapeutic and toxic levels. A normal lithium level is _____ to _____ mEq/L	Month 0.5 - 1.5
A forced exhalation against a closed glottis and bearing down is called the	Valsalva maneuver

Early signs and symptoms of alcohol withdrawal include _____ These may begin up to _____ hours after the last alcohol intake.	Anxiety, anorexia, tremors, and insomnia. 8
_____ is the support group for families of alcoholics	Al-Anon
Chlorpromazine hydrochloride is _____ and is contraindicated in a patient who has ingested alcohol because it may cause _____ and _____	Thorazine Oversedation and respiratory depression.
Vital organ perfusion is seriously affected when the systolic blood pressure falls below _____	80 mm Hg
Lithium toxicity can occur when _____ and _____ intake are insufficient, causing lithium retention.	Sodium, fluid intake
An alcoholic who achieves sobriety is called a _____ because no cure for alcoholism exists.	Recovering alcoholic
For a patient in cardiac arrest, the first priority is:	Establishing airway
The universal sign for choking is _____	Clutching the hand to the throat
A positive tuberculin skin test is an induration of _____ mm or greater at the injection site.	10
The _____ ventricle of the heart sustains the greatest damage during myocardial infraction.	Left
In burn victims, the leading cause of death is _____ and the second leading cause is _____	Respiratory compromise Infection
Infections hepatitis is called hepatitis _____ and should have a diet that is _____	A High in fat, carbohydrate and protein.
In bladder carcinoma, the most common finding is _____	Gross, painless hematuria
Drugs that Potentiates anticoagulants include:	Aspirin, chloral hydrate, glucagons, anabolic steroids, choramphenicol
According to Erikson, the _____ child is at the industry-versus-inferiority state of psychosocial development.	School age child 6 – 12 years
Priorities of the burn patient include (in the order presented)	Patent airway, correct fluid and electrolyte imbalance, controlling pain, preventing infection.
_____ should always be applied to both legs.	Elastic stockings
_____ refers to antibody formation within the body in response to vaccination or disease exposure.	Active immunization
_____ has a teratogenic effect on the fetus during the first trimester.	Rubella.
The formula for Clark's rule is:	Multiply the adult dose by the child's weight in pounds and divide by 150
The trade name for digoxin is _____ and the p.o. dosage is:	Lanoxin, 0.125 – 0.25 mg daily
_____ results from paralysis of the extensor muscles in the forearm and hand.	Wrist drop
_____ results from excessive plantar flexion and is prevented by a footboard or high top tennis shoes.	Foot drop
In an emergency, consent for treatment can be obtained by:	Fax, telephone or other telegraphic transmission.
_____ are individuals under the age of majority (18 or 21) who aren't under parental control.	Emancipated minors
_____ is required for any invasive procedure.	Informed consent
Immunity to rubella can be measured by a _____	Rubella titer
Irreversible brain damage may occur if the central nervous system is deprived of oxygen for more than _____	4 minutes
_____ method of injection seals medication deep into the muscle. The needle must be at least _____ inch. Drugs that must be given by this route are _____ and _____	Z-track, 1 inch, Imferon (iron) which stains and Vistaril which stings

A Apgar score of ___ to ___ for the newborn indicates no immediate distress.	7 to 10
A patient with acute renal failure should receive a diet that is:	High calorie, low protein, low potassium, low sodium
_____ disease results from adrenal gland hypofunction and is characterized by symptoms of _____	Addison's disease Fatigue, anemia, weight loss and bronze skin pigmentation.
In the event of a fire:	Rescue Activate Alarm Contain fire Extinguish
In caring for a depressed patient, the first priority is _____ because of the risk of _____	Safety, suicide
Heparin effect is monitored by the lab test _____	PTT, partial thromboplastin time
After removal of a urinary catheter, _____ may occur.	Frequency, incontinence, dribbling
A patient with gastric ulcer is most likely to report pain _____	During or shortly after eating.
A sign of increased intracranial pressure is _____	Widened pulse pressure (distance between systolic and diastolic BP) such as 120/80 to 160/60
For the burn victim, the priority of wound care is _____	Prevention of infection.
The parrot like repetition of another person's words or phrases is _____	Echolalia.
According to psychoanalytic theory, the _____ is the part of the psyche that controls internal demands.	ego
The _____ is the part of the psyche that is composed of morals, values and ethics	superego
To elicit the _____ reflex, the nurse should hold the neonate in both hands and suddenly but gently drop the neonate's head backward. Normally this caused the neonate to abduct and extend all extremities.	Moro's
The _____ is part of the psyche that contains instinctual drives	ID - I for instinctual, d for drive
Erikson - birth to 12 months is _____	Trust versus mistrust
Positive signs of pregnancy include _____	Ultrasound evidence, fetal heart tones, fetal movement felt by the examiner - 4 months gestation.
_____ ceases during pregnancy.	Ovulation
_____ is the number one danger sign in pregnancy	Vaginal bleeding
_____ are small, irregular red spots with minute bluish white centers that appear on the buccal mucosa of patients with measles (rubeola)	Koplik's spots
_____ refers to urine output of 2,500 ml or more during a 24 hour period.	Polyuria
The therapeutic purpose of a mist tent is to increase _____ and _____	Hydration, secretions
The presenting sign of pleuritis is _____	Chest pain that is unilateral and related to respiratory movement.
If a patient can't void, the first nursing action should be _____	Palpate bladder for distention.
If a patient has gastric drainage tube in place to suction, you should expect the physician to order _____	Potassium chloride
An _____ is one of the first indications of respiratory difficulty.	Increased heart rate.
_____ refers to the defense mechanism used by patient who doesn't acknowledge the reality of an event.	Denial
The patient who has a cane should carry it on the _____ side and advance it at the same time as the _____ extremity.	Unaffected, affected

**State Board Review Bullets #2**  
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The patient with a leg injury should advance the _____ side first when climbing stairs and advance the _____ leg first when descending stairs.	
Pregnant women should be advised that there is _____ safe level of alcohol intake.	
Vitamin C deficiency is characterized by:	
Clinical manifestations of pulmonary embolism are:	
In a psychiatric setting, _____ is used to reduce overwhelming stimulation, protect the patient from self-injury or to others. This is only used for patients who don't respond to _____ interventions. This controls _____ behavior until the patient can assume self-control.	
In a patient who takes an MAO inhibitor, severe _____ may occur if the patient eats tyramine rich foods such as:	
A patient who takes a MAO inhibitor should be weighed _____ and watched for _____	
With monoamine oxidase inhibitors, the medication should be held and the physician notified if the following symptoms occur:	
To assess capillary refill, the procedure is _____. Capillary refill assesses _____ which decreases in _____. A normal finding is less than _____ seconds	
Except for renal failure, low urine output signifies _____ and potential for _____	
Needle size for insulin injection is _____ gauge and _____ length _____ refers to urine that remains in the bladder after voiding. The normal amount ranges from _____ ml to _____ ml	
The most common fracture in the elderly is _____	
The five stages of the nursing process are: _____ The _____ stage is out of the Psych Techs independent scope of practice.	
Before angiography, ask the patient if they are allergic to: _____ is administered to the newborn to prevent hemorrhagic fever.	
The cardinal signs of neonatal narcotic withdrawal include: Paroxysmal nocturnal dyspnea may indicate _____	
For the patient taking digitalis, the diet should be high in _____	
Tracheal suctioning should be limited to _____ to _____ seconds and should make only _____ passes	
Before tracheal suctioning, the psych tech should: Signs and symptoms of pneumothorax include: A key sign of peptic ulcer is _____	
_____ is a common adverse reaction to aluminum hydroxide	
Frothy, blood-tinged sputum suggests _____	
Immune system suppression places the patient at risk for these opportunistic infections: If the body doesn't use glucose for energy, it metabolizes fat for energy which results in _____ production.	
Separation from the mother evokes the most intense response in _____ from age _____ to _____	
With leukemia in children, the most common causes of death are _____ and _____	
Signs of respiratory distress in an infant include: _____ and _____ are the most significant clinical manifestations of hyperaldosteronism.	

Having and frequently speaking to an imaginary friend are normal behaviors in a child's age	
An infant with normal motor development should be able to lift and control the head by _____ to _____ months	
Common causes of child abuse are:	
The most appropriate toy for a toddler, 18 months is one that helps develop	
Any time an infant is being put down to sleep, the mother should position the infant on the _____ to prevent sudden infant death syndrome (SIDS)	
The psychiatric technician should communicate at _____ with a child	
The best way to reduce thick secretions with COPD is to:	
In a patient with Guillain-Barre syndrome, the most important focus is on _____ as the disease progresses.	
Signs and symptoms of colon cancer include:	
_____ is a classic sign of Alzheimer's disease	
Symptoms of prostate problems include	
_____ is the single best method for preventing spread of microorganisms. This should be done for _____ after routine contact with a patient after gloves are removed.	
In TPN or hyperalimentation, the most reliable indicator of positive response to treatment is	
To catheterize a female patient, place her in the _____ or _____ position.	
A positive _____ sign may indicate thrombophlebitis	
If a woman experiences signs of urinary tract infection, she should be instructed to :	
_____ may result from hypocalcemia secondary to hypoparathyroidism	
Alcohol is metabolized primarily in the _____	
_____ is the accumulation of fluid in the abdominal cavity and is most commonly caused by _____	
_____ is a bleeding disorder transmitted genetically. Usually only _____ develop the disorder. This is treated by giving _____	
_____ is a congenital hemolytic anemia that primarily affects _____ patients.	
_____ refers to tiny purplish red spots that appear on the skin and mucous membranes as a result of intradermal hemorrhage.	
A butterfly rash across the bridge of the nose is characteristic of _____	
_____ is an irresistible urge to perform an irrational act such as walking in a clockwise circle before leaving a room or repeatedly washing hands.	
A patient with a _____ to commit suicide in the next _____ to _____ hours is at high risk for suicide.	
The therapeutic serum level for lithium is _____ to _____	
_____ gradually exposes a patient to an anxiety-producing stimulus and is used to treat _____ disorder	
_____ refers to the absence of grief or grief that is prolonged beyond the usual time.	
The term _____ refers to the number of pregnancies regardless of their outcomes.	
The term _____ refers to the number of pregnancies that reached viability regardless of whether the fetus is delivered alive or stillborn. A fetus is considered viable at _____ weeks gestation.	

An _____ is one that implants abnormally, outside the uterus	
The most significant enzyme in the diagnosis of M.I. is:	
During phase _____ of the nurse-patient relationship, an initial history is obtained and a mutual contract is agreed upon	
During phase _____ of the nurse-patient relationship, the nurse terminates the therapeutic relationship and gives the patient positive feedback on accomplishments.	
During phase _____ of the nurse-patient relationship, the nurse discusses problems, behavioral changes occur, and self-defeating behavior is resolved or reduced.	
Excessive _____ intake may antagonize the effects of warfarin (_____) The patient should be cautioned against eating an excessive amount of _____	
With standard precautions, needles should not be _____ because _____	
Genital stage for Freud is ages _____ to _____ and the person learns:	
Erikson, ages 12 to 20 represent:	
_____ refers to the need for increasing amounts of a substance to achieve an effect that formerly was achieved with lesser amounts.	
The antidote for heparin overdose is _____	
_____, _____, and _____ may reduce a breast-feeding mother's milk supply	
_____ refers to a unilateral facial weakness or paralysis caused by disturbance of the _____ cranial or _____ nerve	
When changing the ties on a tracheotomy tube, leave the _____ in place until the new ones are applied.	
During an initial tuberculin skin test, lack of a wheal after injection indicates:	
A tuberculin skin test should be read _____ to _____ hours after administration	
In a TV skin test erythema without induration is:	
The most common blood transfusion reaction is:	
A _____ cane is needed when a patient needs more stability than a regular cane can provide	

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The patient with a leg injury should advance the _____ side first when climbing stairs and advance the _____ leg first when descending stairs.	Unaffected Affected
Pregnant women should be advised that there is _____ safe level of alcohol intake.	no
Vitamin C deficiency is characterized by:	Brittle bones, pinpoint peripheral hemorrhages, friable gums and loosened teeth
Clinical manifestations of pulmonary embolism are:	Increased respiratory rate, tachycardia, hemoptysis
In a psychiatric setting, _____ is used to reduce overwhelming stimulation, protect the patient from self-injury or to others. This is only used for patients who don't respond to _____ interventions. This controls _____ behavior until the patient can assume self-control.	Seclusion Less restrictive external
In a patient who takes an MAO inhibitor, severe _____ may occur if the patient eats tyramine rich foods such as:	Hypertension Aged cheese, chicken liver, avocados, bananas, meat tenderizer, salami, bologna, Chianti wine, beer
A patient who takes a MAO inhibitor should be weighed _____ and watched for _____	Weekly Suicidal tendencies
With monoamine oxidase inhibitors, the medication should be held and the physician notified if the following symptoms occur:	Headache, palpitations, orthostatic hypotension.
To assess capillary refill, the procedure is _____. Capillary refill assesses _____ which decreases in _____. A normal finding is less than _____ seconds.	Press nail bed until blanching Perfusion Shock, 3
Except for renal failure, low urine output signifies _____ and potential for _____	Dehydration Shock
Needle size for insulin injection is _____ gauge and _____ length	25, 5/8 inch
_____ refers to urine that remains in the bladder after voiding. The normal amount ranges from _____ ml to _____ ml	Residual urine 50 to 100 ml
The most common fracture in the elderly is _____	Hip
The five stages of the nursing process are: _____. The _____ stage is out of the Psych Techs independent scope of practice.	Assessment, Diagnosis (nursing), Planning, Implementation Evaluation Nursing Diagnosis
Before angiography, ask the patient if they are allergic to: _____	Dye, shellfish or iodine
_____ is administered to the newborn to prevent hemorrhagic fever.	Vitamin K
The cardinal signs of neonatal narcotic withdrawal include:	Flapping tremors, sleepiness, restlessness, persistent high-pitched cry, irritability
Paroxysmal nocturnal dyspnea may indicate _____	Heart failure
For the patient taking digitalis, the diet should be high in _____	Potassium
Tracheal suctioning should be limited to _____ to _____ seconds and should make only _____ passes	10 to 15 seconds 2
Before tracheal suctioning, the psych tech should:	Ventilate and oxygenate the patient 5 to 6 times with bagging
Signs and symptoms of pneumothorax include:	Tachypnea, restlessness, hypotension, tracheal deviation
A key sign of peptic ulcer is _____	Hematemesis which can be bright red or dark red with coffee ground consistency.

_____ is a common adverse reaction to aluminum hydroxide	constipation
Frothy, blood-tinged sputum suggests _____	Pulmonary edema
Immune system suppression places the patient at risk for these opportunistic infections:	Cytomegalovirus, pneumocystis carinii pneumonia, thrush
If the body doesn't use glucose for energy, it metabolizes fat for energy which results in _____ production.	ketone
Separation from the mother evokes the most intense response in _____ from age _____ to _____	Infants 6 to 12 months
With leukemia in children, the most common causes of death are _____ and _____	Hemorrhage and infection
Signs of respiratory distress in an infant include:	Nostril flaring, substernal retractions, inspiratory gurgling
_____ and _____ are the most significant clinical manifestations of hyperaldosteronism.	Hypertension, hypokalemia
Having and frequently speaking to an imaginary friend are normal behaviors in a child age _____	3
An infant with normal motor development should be able to lift and control the head by _____ to _____ months	3 to 4
Common causes of child abuse are:	Poor impulse control by parents
The most appropriate toy for a toddler, 18 months is one that helps develop _____	Motor coordination.
Any time an infant is being put down to sleep, the mother should position the infant on the _____ to prevent sudden infant death syndrome (SIDS)	Back Remember, "Back to Sleep"
The psychiatric technician should communicate at _____ with a child	Eye level
The best way to reduce thick secretions with COPD is to:	Increase fluid intake.
In a patient with Guillain-Barre syndrome, the most important focus is on _____ as the disease progresses.	Respiratory interventions
Signs and symptoms of colon cancer include:	Rectal bleeding, change in bowel habits, intestinal obstruction
_____ is a classic sign of Alzheimer's disease	Memory disturbance
Symptoms of prostate problems include _____	Frequent urination, dysuria
_____ is the single best method for preventing spread of microorganisms. This should be done for _____ after routine contact with a patient after gloves are removed.	Hand washing 10 seconds
In TPN or hyperalimentation, the most reliable indicator of positive response to treatment is _____	Weight gain
To catheterize a female patient, place her in the _____ or _____ position.	Dorsal recumbent Lithotomy
A positive _____ sign may indicate thrombophlebitis	Homan's
If a woman experiences signs of urinary tract infection, she should be instructed to :	Drink six to eight glasses of water per day.
_____ may result from hypocalcemia secondary to hypoparathyroidism	tetany
Alcohol is metabolized primarily in the _____	Liver
_____ is the accumulation of fluid in the abdominal cavity and is most commonly caused by _____	Ascites Cirrhosis
_____ is a bleeding disorder transmitted genetically. Usually only _____ develop the disorder. This is treated by giving _____	Hemophilia Men Factor 8
_____ is a congenital hemolytic anemia that primarily affects _____ patients.	Sickle cell anemia black
_____ refers to tiny purplish red spots that appear on the skin and mucous membranes as a result of intradermal hemorrhage.	Petechiae
A butterfly rash across the bridge of the nose is characteristic of _____	Systemic lupus erythematosis

_____ is an irresistible urge to perform an irrational act such as walking in a clockwise circle before leaving a room or repeatedly washing hands.	compulsion
A patient with a _____ to commit suicide in the next _____ to _____ hours is at high risk for suicide.	Plan 48 to 72
The therapeutic serum level for lithium is _____ to _____	0.5 to 1.5 mEq/L
_____ gradually exposes a patient to an anxiety-producing stimulus and is used to treat _____ disorder	Desensitization therapy phobic
_____ refers to the absence of grief or grief that is prolonged beyond the usual time.	Dysfunctional grieving
The term _____ refers to the number of pregnancies regardless of their outcomes.	Gravida
The term _____ refers to the number of pregnancies that reached viability regardless of whether the fetus is delivered alive or stillborn. A fetus is considered viable at _____ weeks gestation.	Para 20
An _____ is one that implants abnormally, outside the uterus	Ectopic pregnancy
The most significant enzyme in the diagnosis of M.I. is:	Creatine kinase MB isoenzyme. CPK-MB or CK-MB
During phase _____ of the nurse-patient relationship, an initial history is obtained and a mutual contract is agreed upon	I or orientation phase.
During phase _____ of the nurse-patient relationship, the nurse terminates the therapeutic relationship and gives the patient positive feedback on accomplishments.	III or termination
During phase _____ of the nurse-patient relationship, the nurse discusses problems, behavioral changes occur, and self-defeating behavior is resolved or reduced.	II or working phase.
Excessive _____ intake may antagonize the effects of warfarin (_____) The patient should be cautioned against eating an excessive amount of _____	Vitamin K Coumadin Green leafy vegetables (contain vitamin K)
With standard precautions, needles should not be _____ because _____	Recapped Most needle sticks occur with missed recapping.
Genital stage for Freud is ages _____ to _____ and the person learns:	12 to 20 independence, increased interest in the opposite sex and establishes an identity.
Erikson, ages 12 to 20 represent:	Identity versus role confusion.
_____ refers to the need for increasing amounts of a substance to achieve an effect that formerly was achieved with lesser amounts.	Tolerance
The antidote for heparin overdose is _____	Protamine sulfate
_____, _____, and _____ may reduce a breast-feeding mother's milk supply	Stress, dehydration, and fatigue
_____ refers to a unilateral facial weakness or paralysis caused by disturbance of the _____ cranial or _____ nerve	Bell's palsy 7 <sup>th</sup> cranial or facial nerve
When changing the ties on a tracheotomy tube, leave the _____ in place until the new ones are applied.	Old ties
During an initial tuberculin skin test, lack of a wheal after injection indicates:	The dose was injected too deeply. Must be intradermal.
A tuberculin skin test should be read _____ to _____ hours after administration	48 - 72
In a TV skin test erythema without induration is:	Not significant
The most common blood transfusion reaction is:	Fever
A _____ cane is needed when a patient needs more stability than a regular cane can provide	Four point (quad)